

Health consequences of reduced daily cigarette consumption

Tabelle 4

	Never smokers	Ex-smokers	Quitters	Moderate smokers	Reducers	Heavy smokers
Men (n = 24 959)						
Participants (n)	6 716	5 140	2 676	5 340	348	4 739
Number of person-years	141 145	109 381	56 512	109 562	6 925	94 452
All causes						
Deaths	663	683	409	1 264	103	1 386
Deaths per 100 000 person-years	507	575	727	1 153	1 498	1 462
Cardiovascular disease						
Deaths	233	238	168	542	41	534
Deaths per 100 000 person-years	184	199	295	494	599	563
Ischaemic heart disease						
Deaths	151	160	114	394	26	381
Deaths per 100 000 person-years	120	133	200	361	393	401
Smoking-related cancer						
Deaths	111	120	79	269	19	354
Deaths per 100 000 person-years	85	99	142	247	279	371
Lung cancer						
Deaths	7	20	16	128	10	189
Deaths per 100 000 person-years	5	16	29	116	134	199
Women (n = 26 251)						
Participants (n)	12 657	2 954	1 584	7 098	127	1 831
Number of person-years	275 859	63 718	34 265	151 963	2 558	38 306
All causes						
Deaths	954	205	154	1 002	27	318
Deaths per 100 000 person-years	332	329	492	690	1 090	873
Cardiovascular disease						
Deaths	186	36	36	291	5	84
Deaths per 100 000 person-years	63	59	118	203	207	236
Ischaemic heart disease						
Deaths	98	14	25	152	3	43
Deaths per 100 000 person-years	34	22	80	106	72	120
Smoking-related cancer						
Deaths	112	27	19	222	8	82
Deaths per 100 000 person-years	40	44	59	153	328	222
Lung cancer						
Deaths	11	7	6	119	2	57
Deaths per 100 000 person-years	4	10	20	82	48	153